



Overview:

Sport in general, and football in particular, provides physical activity and positive health benefits. We offer numerous football programmes that allows anyone who wants to play and get active the opportunity to do so in a safe and comfortable environment.

Football is for everyone, regardless of socio-economic background, gender, colour, ability, age, strengths or weakness.

Football has been shown to be an effective vehicle to engage young people and promote psychological wellbeing because in many ways it brings mental health and wellbeing to the surface in a more relaxed and open environment.

Taking part makes a difference!

FAI Community Development Officer Programme Limerick



Limerick City and County - Southill,
Ballinacurra Weston, City Centre,
Garryowen, King Island, St.Mary's
Park, Ballynanty, Kileely and
Moyross



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