



Overview:

The SHY Project engages young people aged between 10 and 24 years from the Sacred Heart Community.

The main aim of the SHY Project is to equip young people with the information, skills and self awareness necessary to cope with life's many challenges while also providing a safe space to develop their personal and social skills.

The project works with young people to identify their needs and interests, and in response provides them with access to a wide range of Youth Work programmes.

These include weekly developmental core groups, two education support groups, and social and recreational opportunities in our games room and youth cafe.

During Mid-terms, Halloween, Easter and Summer holidays we also offer a range of special interest and seasonal programmes.

SHY Project



The SHY Project
SHY Centre
St. John's Park,
Waterford
X91 KNY9



www.wstcys.ie



Rachel Walsh
Carly Daly
086 858 9871
086 183 1555



shycyp@wstcys.ie



https://www.facebook.com/shy_centre