



## Overview

The Cavan Town UBU Youth Project is a youth centred service operated by Foróige that works with young people aged 10 – 24 years. Working on an ethos of voluntary participation, where each individual is respected and valued; We aim to support young people who have identified needs and may be experiencing challenges or adversity in their lives to help them reach their full potential in a safe and supportive environment. This will be achieved through programmes that build confidence, creativity, resilience, relationships, cultural respect, life skills and a sense of belonging, in partnership with young people and their community. We provide a range of services for young people including: One to one support, Advocacy, Group work, Drop-in support, Outreach, Support of volunteers. The Cavan UBU Youth Project is funded by the Department of Children and Youth Affairs UBU - Your Place, Your Space targeted youth funding scheme, through Cavan Monaghan Education and Training Board (CMETB).

## The Cavan UBU Youth Project



Bridge street centre, Bridge street,  
Cavan town, H12 WC52  
Tullacmongan Resource Centre,  
Killymooney Drive, Cavan town,  
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