



Overview:

Blue Box mission is to support the well-being & mental health of vulnerable children and young people who are marginalised and traumatised by domestic and environmental factors.

Through the Creative Arts Therapy model, as a research informed practice, we address the emotional, cognitive and developmental needs of vulnerable children and families who are traumatised by grief, loss, anxiety, depression, parental separation, drug and alcohol dependency affecting a young person's life who are living in Limerick.

Blue Box develops Creative Arts Therapy (Art, Music, Play, Drama) in response to individual needs. Mental health issues and well-being of children and young people are a priority for Blue Box.

Blue Box Creative Arts Therapy Centre



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