



## Overview:

The Sexual Health Centre is a Not for Profit, Non-Governmental Organisation (NGO). The organisation's UBU programme delivers targeted, non-biased sexual health education workshops to young people across Cork city and county.

The programme, delivered in group workshops over a number of weeks, focuses on the following areas:

- Relationships, Communication and Consent
- Reproduction and Sexual Health
- Condom Demonstration
- HIV and STI's

The programme is tailored to the needs of young people with various possible elective options focusing on Emotional Wellbeing, Pornography, Online Safety, Body Image, Gender and Identity.

Young people are also advised to drop-in to the centre for ongoing support, information, free contraception, pregnancy testing and Rapid HIV testing.

## The Sexual Health Centre



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[www.sexualhealthcentre.com](http://www.sexualhealthcentre.com)



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